



## WELCOME TO THE ELEMENTARY ATHLETICS PROGRAM!

We are pleased to expand our athletic department program to include our elementary scholar-athletes. The CDS Elementary Athletics Program introduces boys and girls to a variety of sports in a fun, socially interactive environment. Students are provided instruction in the rules and skills of the sport, while learning how to interact and cooperate with teammates. The Elementary Athletic Program's three seasons will approximate the middle school and upper school schedules.

Our athletic philosophy encompasses the concepts of Blue Ribbon Sportsmanship: student-athletes understanding and focusing on excellent team work; developing competitive individuals and teams. The program ascribes to the school motto, "Education for Life, Character for a Lifetime." We follow and incorporate our strength of character principles in all that we do by becoming...

- Lifelong learners and critical thinkers
- Diligent and capable performers
- Socially and emotionally skilled people
- Ethical thinkers
- Respectful and responsible moral agents
- Self-disciplined persons who pursue a healthy lifestyle
- Contributing community members and democratic citizens
- People engaged in crafting a life of noble purpose

### Elementary Athletic Seasons

Fall	Winter	Spring
<b>Cross Country Club</b> Boys & Girls 1 <sup>st</sup> - 5 <sup>th</sup>	<b>Soccer</b> Boys & Girls 1 <sup>st</sup> & 2 <sup>nd</sup> Boys & Girls 3 <sup>rd</sup> - 5 <sup>th</sup>	<b>Volleyball</b> Boys & Girls 1 <sup>st</sup> & 2 <sup>nd</sup> Boys & Girls 3 <sup>rd</sup> - 5 <sup>th</sup>
<b>Pep Squad</b> Girls 2 <sup>nd</sup> - 5 <sup>th</sup>	<b>Basketball</b> Boys & Girls 1 <sup>st</sup> & 2 <sup>nd</sup> Boys & Girls 3 <sup>rd</sup> - 5 <sup>th</sup>	<b>Track Field</b> Boys & Girls 1 <sup>st</sup> & 2 <sup>nd</sup> Boys & Girls 3 <sup>rd</sup> - 5 <sup>th</sup>
<b>Flag Football</b> Boys & Girls 1 <sup>st</sup> & 2 <sup>nd</sup> Boys & Girls 3 <sup>rd</sup> - 5 <sup>th</sup>		<b>Whiffle Ball</b> Boys & Girls 1 <sup>st</sup> & 2 <sup>nd</sup> Boys & Girls 3 <sup>rd</sup> - 5 <sup>th</sup>



**CARROLLWOOD DAY SCHOOL  
ELEMENTARY FLAG FOOTBALL  
2021**

Dear Parents,

Your child is interested in participating in the elementary flag football. The elementary flag football is for 1<sup>st</sup> & 2<sup>nd</sup> grade and 3<sup>rd</sup> - 5<sup>th</sup> grade students. The season starts September 7 and ends October 29.

There is a \$150.00 athletic fee to participate in the flag football. CDS will bill you for this fee through your FACTS account. Please wear CDS appropriate workout shorts and shirt with tennis shoes. The athletes will receive a dry fit athletic shirt during the season. We will be using the NFL Flag Football elementary school curriculum for our practices.

In order to participate in the flag football, students and parents should understand eligibility requirements and information.

- Athletes must demonstrate a cooperative, motivated, well-behaved spirit in all school areas.
- Our goal is developing skills, teamwork, good sportsmanship, and having fun!
- **TeamSnap is the new way that CDS athletics communicates with the teams. You will receive an invitation to TeamSnap. You will need to download the app.**

**1<sup>st</sup> & 2<sup>nd</sup> Grade Flag Football Schedule**

**Practice time: 3:30-4:30**

September 7, 8, 13, 14, 20, 21, 27, 28,  
October 4, 5, 11, 12, 18, 19, 25, 26

**3<sup>rd</sup>-5<sup>th</sup> Grade Flag Football Schedule**

September 9, 10, 15, 16, 22, 23, 29, 30,  
October 6, 7, 14, 15, 20, 21, 27, 28

Please pick up your athletes at the elementary/aftercare carline starting at 4:30 pm. Athletes who are not picked up within 10-15 minutes of the designated pick-up time will be signed into *After Care*. A parent/guardian must pick them up from *After Care*. There is fee for *After Care* and will be billed at the end of the month.

**Please fill out the [Google Form](#) to register your athlete to the elementary athletic program.**

We look forward to a super season! Thanks for supporting our elementary athletic program.

Nayda Hawkins-Elementary A.D/PE Teacher

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