EMERGENCY ACTION PLAN CARROLLWOOD DAY SCHOOL ATHLETICS

EMERGENCY TEAM

Matt Gronau Athletic Trainer (C) 352-428-7849

(0) 813-920-2288 EX:441

Campus Security (0) 813-920-2288 EX:300

EMERGENCY EQUIPMENT & LOCATIONS

- First Aid Kits- Athletic Trainer, Gym, Campus Security
- AED's- with Athletic Trainer, gym lobby, front office
- Cooling Zone (Cold Water Immersion Tub)- Wagner Athletic Complex

ROLE OF FIRST RESPONDER TO SCENE

- 1. Control the scene (safely gain access to athlete)
- **2.** Perform initial assessment (determine consciousness, breathing, pulse)
 - **a.** If anything is absent from initial assessment activate EMS (9-1-1)
 - **b.** In the event of suspected heat illness rectal temperature will be used to assess core body temperature.
- **3.** Perform detailed assessment (determine extent/severity of injury or illness)
- **4.** Send head or assistant coach to retrieve help or to call EMS if needed (9-1-1)
- **5.** Begin immediate care to athlete

ACTIVATING EMERGENGY MEDICAL SERVICES (EMS) 9-1-1

- **1.** Provide the following information to 911 operator
 - **a.** Name, address and telephone number of the caller
 - Carrollwood Day School 1515 W. Bearss Avenue Tampa, FL 33613
 - **b.** Number and condition/status of victims
 - **c.** Care being given at that time by whom
 - **d.** Specific directions to the scene (found on following pages)
 - **e.** Any other pertinent information
 - **f.** DO NOT HANG UP until instructed by operator to do so

LIFE THREATENING INJURIES

Call EMS and Parents:

- Respiratory distress (unless diagnosed asthma easily controlled)
- Severe bleeding
- Cardiac emergencies
- Shock
- Severe allergic reactions (anaphylactic shock)
- Loss of consciousness
- Dislocations and Open fractures
- Seizures
- Injuries to face, eyes, or severe injury to mouth
- Heat illness (EHS)

Parents may transfer child:

- Only after being discussed with athletic training staff. There are many circumstances that a parent will want to take their child to avoid ambulance fees. The athletic training staff must speak with these parents to explain risks, complications, and to assure that parent transportation is in the best interest of the injured athlete.
- If a parent denies medical care from the sports medicine staff the situation MUST be documented.

DIRECTIONS FOR EMS TO EACH FIELD And where to have people posted for direction

Baseball/Soccer/Football Complex

-If coming from Dale Mabry/Veterans enter first school entrance on left. If coming from US 41/I-75 enter second school entrance on right side. Drive straight and have EMS enter by football and soccer equipment shed on the left and access the field from that gate.

*POST

Have security posted at the entrance of the school and by the equipment shed.

Gymnasium/Weight Room

-If coming from Dale Mabry/Veterans enter first school entrance on left. If coming from US 41/I-75 enter second school entrance on right side. Drive straight and have EMS drive past the school and around the loop. Have them park in front of the gym

where they can enter through the weight room entrance on the right or enter the gym by going the main entrance and lobby.

*POST

Have security posted at the entrance of the school, and right by the split to direct EMS around the loop.

Softball Field/South Beach (Practice Field)/ Track & CC

-If coming from Dale Mabry/Veterans enter first school entrance on left. If coming from US 41/I-75 enter second school entrance on right side. Drive straight and have EMS stay to the left when road splits. Make a left down the paved roadway just past the concession stand. Drive straight until EMS goes through gate onto South Beach. *POST

Have security posted at the entrance of the school, by the split to direct EMS the correct way, and by paved roadway by the concession stand.

All people posted should be in visual contact with the person posted before and after. (Security has walkie-talkies to communicate effectively with each other)

WHEN PRESENT, EMS HAS FINAL SAY ON TRANSPORTATION OF ATHLETE!! SPORTS MEDICINE STAFF ARE PRESENT TO ASSIST EMS!

AFTER INCIDENT

Make sure to fill out injury/incident from campus security or the athletic department and document what happened and the care that was given. Documents should be submitted to administration office.