

CARROLLWOOD DAY SCHOOL COVID-19 QUARANTINE AND ISOLATION GUIDELINES EFFECTIVE JANUARY 31, 2022

IF YOU ARE EXPERIENCING ANY OF THE FOLLOWING SYMPTOMS YOU MUST STAY HOME

- Fever of 100.4°F or higher not to return to campus until fever-free for 24 hours without use of fever reducing medication
- Nasal congestion / runny nose
- Sore throat
- Headache
- Fatigue / muscle aches
- Loss of smell / taste
- Vomiting / diarrhea

All absences should be reported by email to child's division:

- ECC: <u>ECCAbsence@cdspatriots.org</u>
- Elementary: <u>ESAbsence@cdspatriots.org</u>
- Middle School: MSAbsence@cdspatriots.org
- Upper School: <u>USAbsence@cdspatriots.org</u>
- If your child has COVID-19, complete the Covid Reporting Form

IF YOU OR SOMEONE IN YOUR HOUSEHOLD TESTS POSITIVE FOR COVID-19 YOU WILL BE REQUIRED TO QUARANTINE AS FOLLOWS:

All persons returning to school after quarantine are expected to wear a properly fitting face mask for the remainder of 10 days from date of positive diagnosis or household exposure.

Person A: Positive with Symptoms

- Isolate for five (5) days or until symptoms improve
 - Must be fever-free for 24 hours without use of fever reducing medication before returning to school
- Complete the <u>Covid Reporting Form</u>

Person A: Positive Asymptomatic

- Isolate for five (5) days
 - If no symptoms develop, may return to school on day 6
 - o If symptoms develop, follow up with physician and stay home until symptoms resolve
- Complete the <u>Covid Reporting Form</u>

Person B: Exposure / Living with someone who has tested positive for Covid 19

- Quarantine for five (5) days and monitor for symptoms
 - o If no symptoms develop, may return to school on day 6
 - o If symptoms develop, begin isolation and follow up with physician
- Fully vaccinated in the past 6 months or boosted individuals do not need to quarantine
 - If possible, test on day 5
 - If symptoms develop, begin isolation and follow up with physician
- Complete the <u>Covid Reporting Form</u>